

# www.specialopshq.co.uk

hits may cause bruising can sting and be

## Disclaimer Form.

This form is an insurance / injury disclaimer and should be read carefully and must be completed before you can take part in events.

#### I UNDERSTAND THAT:

- 1. The Events are physically and mentally intense and may require extreme exertion to take part.
- 2. The Events can be dangerous if not played in accordance with the stated Rules which will be fully explained to all participants.
- 3. The possibility of injury to me and others exists.

I understand that the activities can be physically challenging

- 4. Full face protection are recommended but not mandatory for those over 18.
- 5. Under 18 must wear FULL FACE and must be signed in by an adult.
- 6. I am fully aware of the risks to myself and others involved in the activities and that I will never, under any circumstances, deliberately break any rules.
- 7. I am physically fit and mentally able to take the strain and exertion involved.
- 8. I will comply with the site rules and use the equipment as instructed and not so as to injure or hurt others.
- 9. The safety and security of my personal possessions brought on to site are my responsibility.

### **RELEASE**

I hereby release, remise and forever discharge from any claims and liabilities whatsoever without limitation that I might have against the organisers/site owners or their representatives and any other person who might injure me howsoever arising and I make this release on behalf of myself, my heirs, executors and administrators.

Parent / Guardian Name	Date
Parent / Guardian Signature	
Walk on ☐ Kit Hire ☐ (Please tick one only)	

Signed ...... Date .....

If under 18 years of age